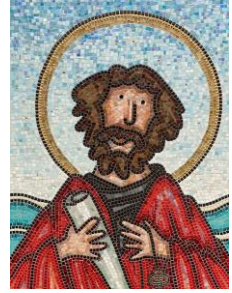




St Peter's Primary School, Keilor East
Celebrating 52 Years: 1971 - 2023



Supervised School Hours – 8.30am until 3.30pm
Remember to bring your BRAIN FOOD & Sun Hat each day!

REMINDER: Please be mindful of the speed limit around the school when dropping off and picking up children. It is 40kph!

TERM 1			
Curriculum Levy now overdue – thank you if you have already done so!			
WEEK 6	Friday	3 March	Interschool sports @St Therese's PS -T-ball @Buckely Park Year 5ES excursion to Parliament House
	Sunday	5 March	Second Sunday of Lent
WEEK 7	Monday	6 March	School Assembly – presentation of leader badges: social Justice Mini Vinnies & Sports captains @ 2.20pm
	Wednesday	8 March	Open days for 2024 Prep enrolments
	Thursday	9 March	Open days for 2024 Prep enrolments School Advisory Council Meeting AGM @ 7pm Grade 3 Mass @ 9.15am. All welcome!
	Friday	10 March	Interschool sports @Home vs O.L.N Expressions of interest due - School Advisory Board
	Sunday	12 March	Third Sunday of Lent
WEEK 8	Monday	13 March	Public Holiday – Labour Day
	Wednesday	15 March	Naplan begins
	Thursday	16 March	Grade 2 Mass @ 9.15am
	Friday	17 March	St Patrick's Day Altar servers to attend the Mass at the cathedral for Catholic Education Week activities Interschool sports @ Keilor Heights PS- Tball @ EKC
WEEK 9	Monday	20 March	School photos – Operoo note will be coming in due course. Full summer uniform
	Tuesday	21 March	Harmony Day - Wear a splash of orange on school uniform: such as orange hair-tie/ribbon, orange socks etc
	Thursday	23 March	Grade 1 Mass @ 9.15am. All welcome
	Friday	24 March	ISS @ Home vs St John Bosco Ps
	Fri - Wed	24 – 29 Mar	Semper Dental Van
WEEK 10	Monday	27 March	Parent Teacher Student Learning Conference – Operoo note coming soon
	Thursday	30 March	Prep & Grade 6 Buddies Mass @ 9.15am. All welcome!
WEEK 11	Monday	3 April	2024 Prep enrolments due by 4pm
	Thursday	6 April	Holy Thursday - Easter prayer celebration @ 11.45 – 12.45pm End of term 1 @ 1.30pm

NB – Please check the diary dates each newsletter in the event of changes or additional information

Reflection: Lenten Litany

When loved ones experience pain and suffering. *Remind us that your love is with us.*

When illness, aging or chronic pain diminish our joy. **Remind us that your love is with us.**

When doubts arise and confusion fills our minds. **Remind us that your love is with us.**

When others fail us or refuse to forgive us for our failings. **Remind us that your love is with us.**

When we stumble and stray from the path of goodness. **Remind us that your love is with us.**

When death separates us from those we love dearly. **Remind us that your love is with us.**

When financial problems threaten our security. **Remind us that your love is with us.**

When things do not go the way we planned. **Remind us that your love is with us.**

When depression or loneliness return again and again. **Remind us that your love is with us.**

When broken relationships seem unmendable. **Remind us that your love is with us.**

When our faith strengthens and gives us courage. **Remind us that your love is with us.**

When the precious gift of life is recognised and appreciated. **Remind us that your love is with us.**

When unexpected kindness and caring comes our way. **Remind us that your love is with us.**

When the peace of Christ calms our anxiety and softens our sadness. **Remind us that your love is with us.**

When we realize that our loving presence can make a difference. **Remind us that your love is with us.**

When the joy of Easter quietly permeates our heart. **Remind us that your love is with us.**

Reference: Out of the Ordinary © 2000, 2010 by Joyce Rupp.

Dear Parents, Staff and Students,

Welcome to week 6! We hope you are finding that the canteen trial is working. I will send out an Operoo note soon seeking some feedback with a required question/answer response. If we receive an overwhelming positive response, we will engage the contractor on a continuing basis. Please look out for the note and please respond as I would like to take your thoughts and reflections into consideration.

Early Arrivals – Child Safety Reminder

If you need to drop off your child early in the mornings, it is best to access OSH Club Before Care service. This is its function. Dropping off your child and leaving them on the oval to play unsupervised is unsafe as the oval is a public space and school supervision begins at 8.30am. The role of the crossing supervisor is to ensure the children's safe crossing of the road. The role does not extend to supervising the children playing. If you are staying with your child until 8.30am this is fine. Please monitor the time you do the drop-off in the mornings and discuss this with your child.

School Advisory Board new members

Please consider the Operoo note that went out calling for new members for the School Advisory Board. If there are any dads who would like to be part of the group I would welcome your expressions of interest. The due date is **Friday 10 March.**

Enhancing Catholic School Identity (ECSI) Survey

You may receive an Operoo note inviting participation in the ECSI Survey which will assist us in better understanding how our Catholic identity is expressed in work and practice at St Peter's. The purpose of this survey is to gain meaningful insights that allow us to reflect deeply on our current Catholic identity and where the school community might like to see itself in the future.

The data gained from the survey forms an integral component of school improvement. The online survey is anonymous and gathers responses from **students in Years 5 and 6, all staff and parents.** Everyone's input is important and valuable to gain the most out of this tool. Please complete it if you receive the invitation. Thanking you in advance.

SSP Morning Tea

It was lovely to see so many parents gathering for a coffee and chat this morning and to have the lovely welcome from Anne Tadinac and the community spirit representatives. Each representation will coordinate the year level Facebook community communication site. Anne and I are very grateful to the following parents for volunteering:

Prep - Lauren Bartolo

Year 1 - Lyndal Soliman

Year 2 - Angie Audesho

Year 3 - Pina Tuan

Year 4 - Stephanie Biviano

Year 5 - Vanessa Vrljic

Year 6 - Maryann Barrie

The types of communication posts focus primarily on: organising social events, putting out reminders regarding planned school events, or alerts that an event is coming up. This was mentioned in the recent Operoo note; if you have any concerns or queries that needs to be addressed, please approach school leadership.

Sempre Dental Van Visit

St Peter's Primary School will have a visit from the Semper Dental van soon to provide its dental service to our school community as per dates in the diary section of the newsletter. Semper Dental is a well-respected Catholic family business and has relationships with many Catholic schools.

The convenience of a dental service being carried out at school makes it easy for you to utilise the Federal Government's Child Dental Benefit Scheme ("**CDBS**"). If your child is ineligible for the funding, Semper Dental can provide the service on a discounted fee basis, which, if you have private health dental cover, is claimable against your insurer. If your child is ineligible, Semper Dental will contact you.

You will soon receive information and a consent form for this service. The consent form needs to be returned to the school office as soon as possible. If you have any queries regarding the service, Mac Healy, the business owner, will be happy to hear from you.

Resilience Project - Gratitude

Working on gratitude helps us to be thankful and appreciate what we have in our lives, rather than focusing on what we don't have or what we want. When we practise being grateful, we start to scan the world to look for positives – this part of the project takes only 21 days! Practising gratitude every day increases our levels of energy, helps us to feel happier and more focused, determined and optimistic. It even helps us have a better sleep, lowers levels of anxiety and depression and we are less likely to get sick. So many benefits! Let's all try to be grateful for the things and the people in our lives every day!

Whole Family Activity

Gratitude Scavenger Hunt

As a family create a scavenger hunt list of things that make you happy or you are grateful for, you can make your own list or use the examples below:

- Something that makes you happy
- Something you love to smell
- Something you enjoy looking at
- Something that is your favourite colour
- Something you like in nature
- Something that is useful for you

Each member of the family uses the list, and must find as many things as they can.

- You can hunt for things inside or outside, or both. You can hunt for real things, or you can also do this using magazines or pictures from the internet.
- After a set amount of time hunting, come back together, have a look at what each person collected and let them explain why they are grateful for each item.

Family Habit Builder:

Every night at dinner, have each person talk about their favourite thing about that day.

Seasons for Growth

Seasons for Growth® Program - Learning to live with change and loss

Change and loss are issues that affect all of us at some stage in our lives.

At St. Peter's we recognise that when changes occur in families through death, separation, divorce and related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth which will commence in Term 2.



This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

Soon every family will receive a notice via an Operoo note with more details about the Seasons for Growth program.

St. Peter's is pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved.

If you require further information, please contact Ana Laughton on Tuesdays or Wednesdays or alternatively, via an email: alaughton@spkeiloreast.catholic.edu.au

HEALTH ALERTS

If your child has an allergy, please ensure you provide the appropriate action plan signed off by your medical practitioner and provide the school with the medication, i.e. epi-pen or antihistamine.

Life Threatening Allergies Anaphylaxis

The following year levels have children with allergies:

Prep: eggs

Year 1: Cashews, pistachio, eggs, wheat, milk

Year 3: Nuts, seafood, cashews, pecans, hazelnuts, macadamias, walnuts, pistachios, egg

Year 4: Cashews, pistachios, red lentils

Year 5: Eggs, peanuts, hazelnut, walnuts, pecan, nuts, milk.

Year 6: Nuts, pistachios, cashews, egg

Please note: We suggest, regardless of the class your child is in, that you avoid sending your child with peanut butter or Nutella sandwiches or any health bars which contain tree nuts. As expressed in earlier newsletters, if a child comes into contact with the allergen even if it is by a touch on the hand, it can trigger an anaphylactic reaction. Children having a severe anaphylactic reaction will experience difficulty breathing, swelling of the throat, face, lips and tongue, sweating, low blood pressure, abdominal pain, dizziness, fainting and nausea. It might be challenging to make our school completely nut free, however we do make a conscious effort to reduce every possible risk. We need your help and cooperation in this matter.

Please note: if your child is having a birthday and you wish to give something to the class, please ensure it is a **non-food item**.

BEFORE AND AFTER SCHOOL CARE

OSHCLUB are our before and after school provider. OSHCLUB operates at the following times:

- Before school care: 7.00 – 8.30am
- After school care: 3.15 – 6.15pm

How to book

An OSHCLUB online enrolment form must be completed. Enrol online at www.oshclub.com.au. Once enrolled with OSHCLUB, log in to your account and select a place – either a permanent or casual booking.

Final Word

Our school community, at its heart, strives to foster goodwill and cooperation. Please do come and speak with me if you feel there is an issue to discuss. If you are unable to make a time during the school day, I am available most weekdays until 6pm. If contacting me by email (principal@spkeiloreast.catholic.edu.au), please follow the communication policy protocols. Email will not be used to answer lengthy or serious concerns, as in such cases the school requires that parents arrange a meeting time so that the situation can be discussed properly, and actions implemented if needed.

NEXT NEWSLETTER – TERM 1, WEEK 8

Enjoy your day!

Linda Tarraran – Principal