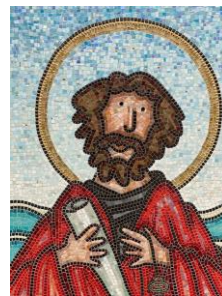




St Peter's Primary School, Keilor East

*Celebrating 52 Years: 1971 - 2023*

**Supervised School Hours – 8.30am until 3.30pm**  
**Remember to bring your BRAIN FOOD & Sun Hat each day!**



**REMINDER: Please be mindful of the speed limit around the school when dropping off and picking up children. *It is 40 kph!***

**Please check term calendar of events each fortnight for updates – more dates will be added**

<b>Term 4</b>			
<b>Week 4</b>	Thursday	26 October	Year 1 Class Mass @ 9.15am. All welcome! School Advisory Meeting @ 7pm
	Friday	27 October	Toddler Tales Day for Daniel – wear a splash of red Fun Run World Teachers' Day
<b>Week 5</b>	Wednesday	1 November	Feast of All Saints – whole school Mass
	Thursday	2 November	Feast of All Souls
	Friday	3 November	Toddler Tales
<b>Week 6</b>	Monday	6 November	Report writing day – pupil free
	Tuesday	7 November	Melbourne Cup public holiday
	Wednesday	8 November	Staff Spirituality Day – pupil free
	Thursday	9 November	Year 5 Class Mass @ 9.15am. All welcome
	Friday	10 November	Toddler Tales
	Saturday	11 November	Remembrance Day – Let's Not Forget!
<b>Week 7</b>	Monday	13 November	Swimming begins
	Tuesday	14 November	2024 Prep Transition session 1
	Friday	17 November	Toddler Tales
<b>Week 8</b>	Monday	20 November	2024 Prep Transition session 2
	Friday	24 November	Swimming ends Toddler Tales
<b>Week 9</b>	Monday	27 November	Year 2 Excursion
	Wednesday	29 November	2024 Prep Transition session 3
	Thursday	30 November	Year 2 Class Mass @ 9.15am. All welcome! Year 1 Excursion to Bundoora Park
	Friday	1 December	St Peter's Athletics Carnival
<b>Week 10</b>	Wednesday	6 December	Carols - TBC
	Thursday	7 December	Year Prep & Year 6 Buddies Mass @ 9.15am
<b>Week 11</b>	Thursday	14 December	Year 6 Graduation Mass
	Friday	15 December	End of year Mass @ 9.15am End of Term @12.30pm

### **REFLECTION: World Teachers' Day**

In Victoria we celebrate world teachers' day on the 27 October. It is a chance to recognise and celebrate the teachers who are making, or have made, an impact in the lives of their students. Working as a teacher is not for the faint-hearted; it requires dedication, selflessness and passion in wanting to make a difference. So, for our reflection today – I express my gratitude and prayer for the wonderful teachers at St Peter's School to acknowledge their work in educating, inspiring and supporting our students.

I give thanks to the teachers of St Peter's...

- For always having the children at the centre of everything they do
- For making learning fun and fresh

- For listening to the children’s problems and helping them to find solutions
- For the encouragement and belief they show in student abilities
- For the extensive adjustments made for diverse learning needs
- For the out-of-school hours put in to plan the curriculum and plan learning events
- For taking such exceptional care of the children on excursions and camps
- For being there to support students at significant milestones – Sacramental celebrations, class Masses and graduation
- For joining the children in dress-up days to support Book Week and the 100 days of Prep
- For their ongoing collaboration and teamwork
- For all the community events attended, such as art show, productions, carols
- For staying positive and optimistic no matter what the challenges may be
- For building positive relationships with families



May God’s blessing always be with them!

Dear Parents, Staff and Students,

Welcome to week 4! The term is already moving quickly and what unpredictable weather we have had of late! One minute we are sweltering and the next back in our puffer jackets. I hope weather clears for the fun run as I know the children are very excited to participate.

## **LEADERSHIP and MANAGEMENT**

### **Staff News**

I am happy to announce that Kristina Cozzi – our new staff member will take on the role of Student Diversity Wellbeing Leader (P-2) in 2024. Kristina is an experienced teacher who has come from Oscar Romero Primary School in Craigieburn. She is currently teaching 3AT. Also, at the end of the year she will have achieved her Masters in Student Wellbeing. I know she will provide great support both to families and teachers in the junior school. We look forward to her leadership and expertise.

### **Late Arrival to School**

Please ensure your child arrives at school each morning by 8.40am (8.45am the latest). The number of late arrivals is slowly creeping up and is something we want to reduce. Walking in the classroom late can be disruptive and unsettling for other students who have arrived on time. Also, if the child bypasses the admin office and the teacher has commenced the lesson, the attendance roll may not be updated and so parents will receive an alert. Thank you for your support and cooperation in this matter.

### **Reminder: Pupil-free days in Term 4 are:**

- **Monday 6 November 2023 (report writing)**
- **Tuesday 7 November (Melbourne Cup)**
- **Wednesday 8 November 2023 (staff spirituality day)**

We have placed the date for staff spirituality together with the days allocated to the Melbourne Cup and report writing to save adding another disruption later in the term.

## **EDUCATION FAITH**

### **First Reconciliation**

We congratulate our wonderful students who celebrated the Sacrament of First Reconciliation: Samuel Bartolo, Brooklyn Bradley, Joshua Forsyth, Olivia Holcombe, Spencer Kennedy, Christian Nave Stefan Piccolo, Isabella Placanica, Erica Sgro, Jaenelle Trollope, Anthony Tuan Ziva Chandler Aston

Chila, Vanessa Khallouf, Alessandro Maggiore, Alex Malakellis, Harry Minas, Ella Monteleone, Angus Peel, Emma Rodrigues, Ben Saunders, Marcus Tarabolsi, Kaeden Trollope, Max Warton, JacksonZahra, Summer-Rose Zanella, Luca Chila, Rose Eid, Jacob Fayad, Toufic Jilo, Araylia Mobilia, Gabriella Mortellaro, Joseph Portelli, Michael Quinlan, Charlie Sciberras, Amelia Tammer, James Vasile, Kyle Vu, Oliver Cassidy, Mikael Chew, Kai Dautaj, Xavier Huynh, Stella Huynh, Zara La Rocca, Hunter Mason, Jasmine Meiorin, Sebastian Nirmalarajah, Sophia Pereira, Charlie Polifiore, Harlow Tomlin, Lucas Van De Loo- Acero, Ante Zantomio, Marcus Aiello, Oliver Carle, Leonardo Cousinery, Chance Krywyn, Stefano Romeo, Amelie Saxionis, Jordan Agresta, AlyssaDumic, Natasha Gazzi, Hazel Gleeson, Wossen Kebede, Sebastian Merlino , Connor Misiano, Noah Nguyen, Holly Steward, MiaWebster & Kayla Xerri.

The two Reconciliation liturgies on Tuesday were lovely. The students were actively involved in the liturgies (reading, dramatising the story of the prodigal son and singing with actions). Fr Sebastian with the support of Fr Anil, Fr Arnold and Fr Thomas led two meaningful and prayerful celebrations. I thank them all too, for making the children feel so at ease when the time came for individual confessions. I give thanks to Seona Martin (REL) for her leadership and coordination of the Reconciliation Sacramental Program, to Elisa Monaghan (Director of Learning) for her support of the team and children, and to the wonderful Year 3 Teaching Team: Zoe Tsesmetzis, Julia Monaghan, Kristina Cozzi and the much-appreciated support of our LSOs: Lisa Aspros, Rita Favrin, Iona Pisani and Alyssa Aficano. Everyone worked together to prepare the children so well.

### **Year 6 Camp**

The Year 6 camp to Phillip Island was a happy and most enjoyable experience for the students. I want to commend the Year 6s for their behaviour, excellent cooperation and manners while away from home (and especially for taking care of the teachers!). In speaking with the students, everyone shared a different favourite part with no two answers alike. Some nominated highlights were: the giant swing, canoeing, having fun with their friends, the whole experience, the time spent away, taking on the challenge of new activities. Overall, it was a great success and that is thanks to Anne Tadinac's great organisation skills and the fabulous teachers who took exceptional care of the children. Along with Anne, I am very grateful to Darcy Ryan, Rachael Evans, Fiona Gribble, Belinda Harper, Jake Napoli and Jacob Gough. The staff teamwork was, as always, of the highest standard and I am very grateful for everything they did for the children.

Here is what the Year 6 teachers said about the children:

*Now to save the best for last..... our Year 6 students, WOW!! We are so very proud of each and every one of you. They represented our school so wonderfully and their behaviour and engagement in all of the activities was often commented on and spoken highly about. We congratulate our students for making the most of this camp opportunity and for making it one we will never forget!*

*Ms Gribble, Mr Ryan and Ms Evans*





## Year 6 Boys' Basketball

Twelve Year 6 boys went with Jake Napoli and Darcy Ryan to the Altona Basketball Stadium to participate in the regional interschool sports final. The boys did so well in winning the first two games. They lost their third game by only 1 point. The boys played exceptionally well and they were awarded the regional finals runners-up in the northern region. We are very proud of them!



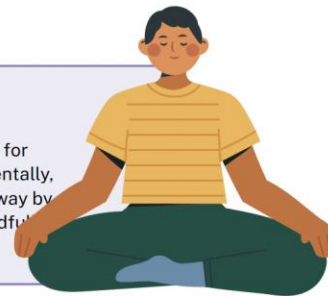
## SCHOOL COMMUNITY The Resilience Project

### PROJECT +

### Parents & Carers

#### Mindfulness

is about **purposely paying attention to the present moment** in ways that are helpful for you. **Looking after our mind** can have great positive benefits, both physically and mentally, such as a **reduction in anxiety and stress**. You can practise mindfulness in a formal way by completing meditations/breathing exercises, or in a more informal way by being mindful engaged in your day's activities.



**Habits are automated behaviours that we have learned from experience.**

Developing daily wellbeing habits will positively impact your mental health and create a sense of wellbeing. They will further develop your resilience skills to help you cope with life's ups and downs.

**Creating new habits can be challenging**, you need to train your brain. Think about your current daily habits. Do you have a morning routine? What about a pre bedtime routine? **Where could mindfulness fit in?**

*"Few of us ever live in the present. We are forever anticipating what is to come or remembering what has gone."*

Louis L'Amour

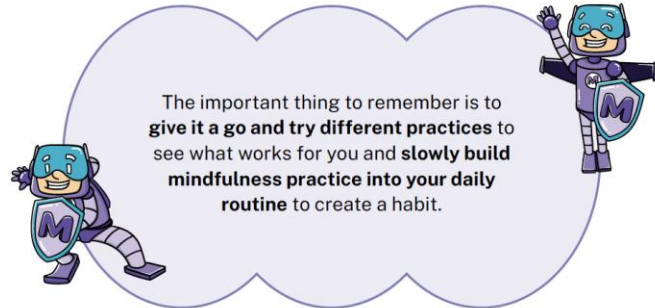
## Month Of Mindfulness



Click on the image below or scan the QR code to gain access to a month of mindfulness practices and information.



**Not all of the activities** suggested are considered **formal or traditional** mindfulness, but they **encourage an attitude of mindfulness** which will help you to improve your ability to be present or focused, this aids in the practice of more formal pursuits.



Listen to Martin from The Resilience Project talk about the **importance of Mindfulness**. Something to think about...

- Do you or your family practise mindfulness?
- If so, what do you do?
- If not, how could you incorporate mindfulness into your life?

## Chess Club

**TERM 4, 2023 - REGISTER NOW @**  
CHESSFORSCHOOLS.COM.AU

**SPECIALISED CHESS COACHING**

Since 2002, we have been providing our popular Chess For Schools program in schools throughout Melbourne and Greater Geelong.

Children love attending Phil's chess classes as he actively fosters their sense of wellbeing and motivation to learn more.

Rob Hinwood Principal, State Mary Primary, Beaconsfield

**What you will learn in our chess club!**

**Educational:** Improved IQ, critical thinking, concentration, analytical skills, memory  
**Social:** Develop new friendships, social interaction skills, sportsmanship  
**Emotional:** Confidence, self esteem, resilience through winning/losing games

**CLASS STRUCTURE**

Different lessons are taught each week from a structured syllabus ranging from tactics, strategies, master openings, traps & special moves. After the lesson children are paired up in a fun tournament playoff! Prizes are awarded to the top 3 players at end of term.

**BOOK HERE** → [CHESSFORSCHOOLS.COM.AU](https://chessforschools.com.au)

CLASS DETAILS - ST PETER'S SCHOOL				
DAY	TIME	LOCATION	DATES	COST
Monday	11:00 - 11:45am	Library	9 Oct to 11 Nov	\$200 per children term

## HEALTH ALERTS

If your child has an allergy, please ensure you provide the appropriate action plan signed off by your medical practitioner and provide the school with the medication, i.e. epi-pen or antihistamine.

### Life Threatening Allergies Anaphylaxis

The following year levels have children with allergies:

Prep: Eggs

Year 1: Cashews, pistachio, eggs, wheat, milk

Year 3: Nuts, seafood, cashews, pecans, hazelnuts, macadamias, walnuts, pistachios, egg

Year 4: Cashews, pistachios, red lentils

Year 5: Eggs, peanuts, hazelnut, walnuts, pecan, nuts, milk.

Year 6: Nuts, pistachios, cashews, egg

Please note: We suggest, regardless of the class your child is in, that you avoid sending your child with peanut butter or Nutella sandwiches or any health bars which contain tree nuts. If a child comes into contact with the allergen even if it is by a touch on the hand, it can trigger an anaphylactic reaction. Children having a severe anaphylactic reaction will experience difficulty breathing, swelling of the

throat, face, lips and tongue, sweating, low blood pressure, abdominal pain, dizziness, fainting and nausea. It is challenging to make our school completely nut free; however, we do make a conscious effort to reduce risk. We need your help and cooperation to achieve this.

Please note: if your child is having a birthday and you wish to give something to the class, please ensure it is a **non-food item**.

#### **BEFORE AND AFTER SCHOOL CARE**

OSHCLUB are our before and after school provider. OSHCLUB operates at the following times:

- Before school care: 7.00 – 8.30am
- After school care: 3.15 – 6.15pm

#### **How to book**

An OSHCLUB online enrolment form must be completed. Enrol online at [www.oshclub.com.au](http://www.oshclub.com.au).

#### **Final Word**

Our school community, at its heart, strives to foster goodwill and cooperation. Please do come and speak with me if you feel there is an issue to discuss. If you are unable to make a time during the school day, I am available most weekdays until 6pm. If contacting me by email ([principal@spkeiloreast.catholic.edu.au](mailto:principal@spkeiloreast.catholic.edu.au)), please follow the communication policy protocols. Email will not be used to answer lengthy or serious concerns, as in such cases the school requires that parents arrange a meeting time so that the situation can be discussed properly, and actions implemented if needed.

NEXT NEWSLETTER – TERM 4, WEEK 6.

Enjoy your day,  
Linda Tarraran – Principal